HOW TO:

WASH HANDS



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CONCLUSION:	

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GOAL:

Do you know that untidy hands are among the biggest reasons for getting sick? It means that to stay healthy, we must keep our hands clean. So today, I'll tell you how to wash our hands properly.

RESOURCES: To wash our hands, we need: water
soap
hand towel
METHOD:
First, wet your hand with tap water.
Next, put some soap on your palm and rub both palms gently together.
After this, rub the back of your hands.
later, rub in-between your fingers and around your thumbs.
Then, rub your writs.
Last, wash hands with clean water and towel dry them.

CONCLUSION:

And there you are with your clean germs-free hands. Keep your hands always clean and never let the germs get you by your hands!

